



LESSON 3

WHY DO WE YAWN?

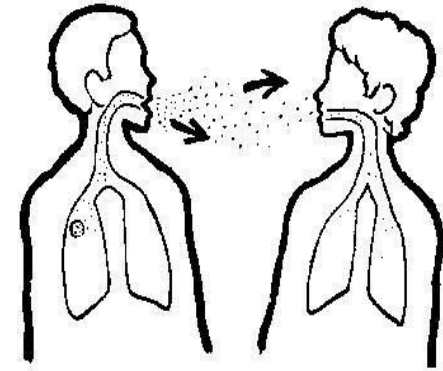




Yawn /jɑ:n/



Deep /di:p/



Contagious /kən'teɪ.dʒəs/



Muscles /'mʌsəl/



excited



stretch



bored



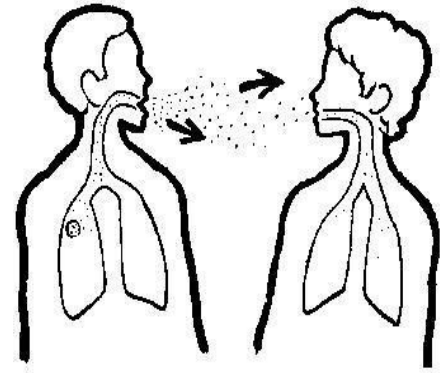
interested



Y



d



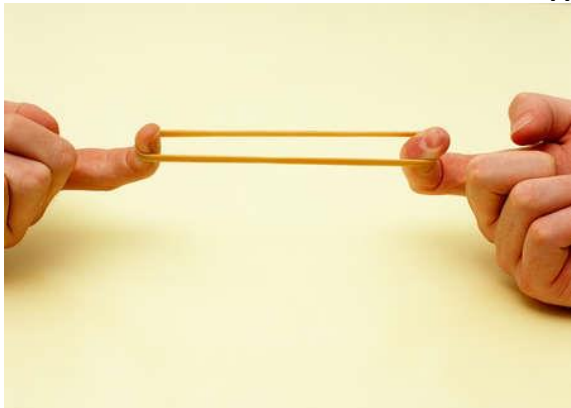
C



M



E



S



b



i





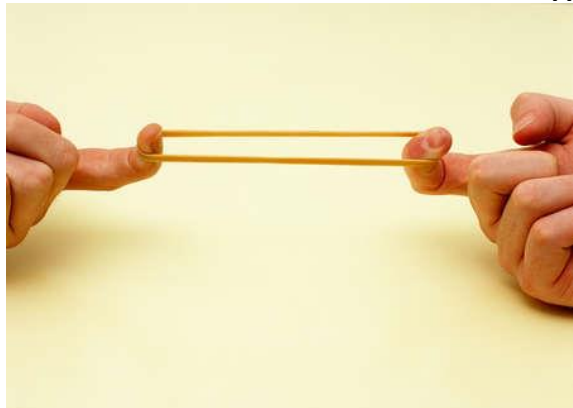
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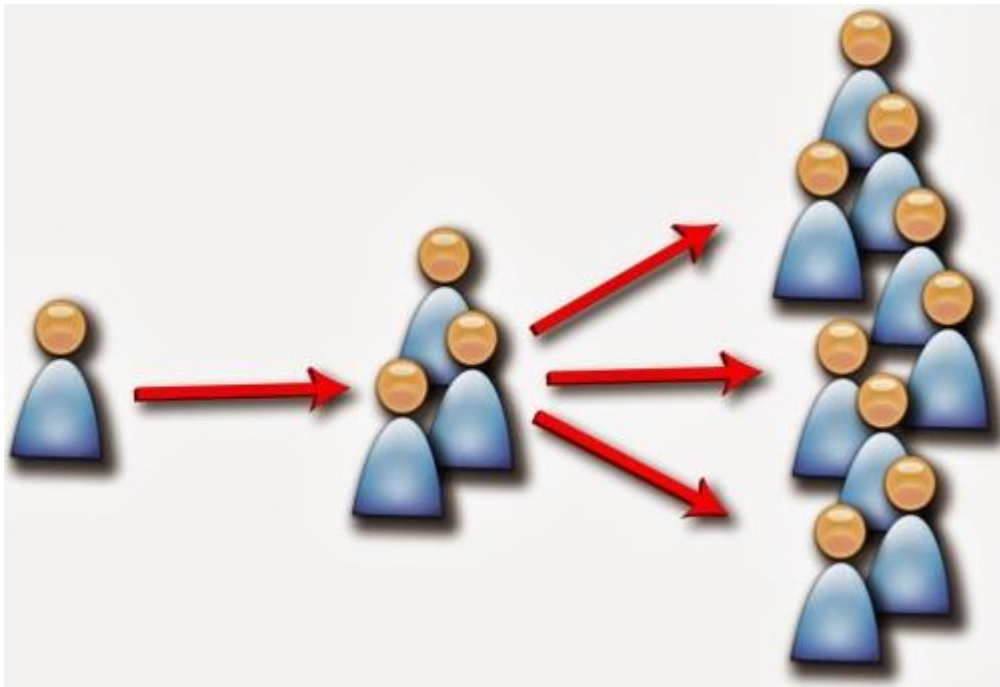
b

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?



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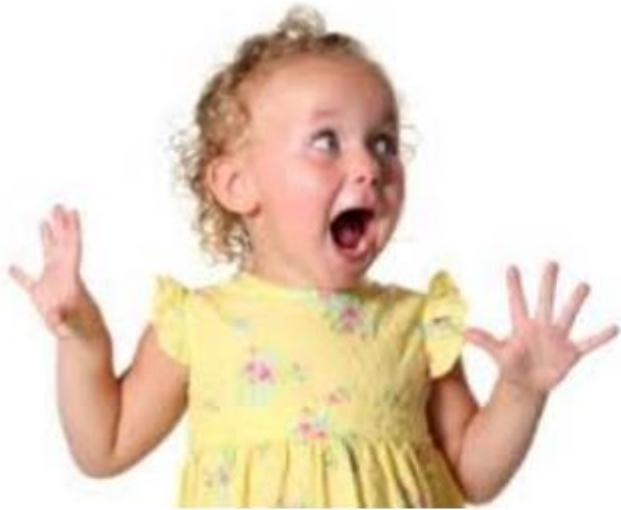
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BORED /bɔrd, boʊrd/ adj.

DEFINITION: feeling tired and unhappy because something is not interesting or because you have nothing to do:

- He was getting bored doing the same thing every day.
- I am bored.

RELATED WORDS /EXPRESSIONS: ...

- get bored, ...
- look bored, ...
- become bored, ...
- easily bored,

DEEP /di:p/ adj.

Definition: having a long distance from the top to the bottom

- The lake is very deep.

RELATED WORDS /EXPRESSIONS:

- deep water ,
- a deep hole,
- a deep cut on her arm,
- deep blue eyes



EXCITED /ɪk'saɪ.tɪd/ adj. : feeling very happy, especially about something good that has happened or is going to happen

- An **excited crowd** waited for the singer to arrive.
- He's **excited about** his new job.
- Doctors are very excited by the discovery.
- I am excited



RELATED WORDS /EXPRESSIONS: ...

- children, project, having a new things, marriage, new job...
- excited people, ...
- excited children, ...
- excited about, ...
- get excited ...
- really/very,



MUSCLE: /'mʌsəl/ noun: one of many pieces of tissue in the body that are connected to bones and which produce movement by becoming longer or shorter

- Regular exercise helps to strengthen your muscles.
- ***RELATED WORDS /EXPRESSIONS: ...***
- sport, body, strong, weak,
- stomach muscles
- strengthen your muscles
- big arm muscles
- leg muscles



Animals & Pets

1. Are there any dangerous animals in your country?
2. Are you afraid of snakes? Why? Why not?
3. Can you ride a horse?
4. Do you have a cat?
5. Do you have one for a pet?
6. Do you like animals?
7. Do you prefer dogs or cats?
8. Do you talk to your pet sometimes?
9. Do you think it is okay to eat meat? Why? Why not?
10. Do you think that animals dream?
11. Have you ever been bitten by a dog?
12. Have you ever been bitten by a dog? (... by a snake)
13. Have you ever been to a farm?
14. Have you ever been to a farm? What animals did you see there?
15. Have you ever hurt an animal?
16. How many legs does a spider have?
17. What animal do you think is the funniest?
18. What animal do you think is the strangest-looking?
19. What animal do you think makes the best pet? Why?
20. What animal would you like to be? (Which animal....?)
21. What animals are symbols of your country?

YAWNING SUMMARY

Many animals yawn, such as camels, bears, and most mammals.

Everybody yawns the same way. First, we open our mouth slowly and stays open for about five seconds.

Yawning is contagious. When people are bored, tired, excited or nervous, they yawn.

Yawning makes us alert. We breath more deeply.

1 Why Do We Yawn?

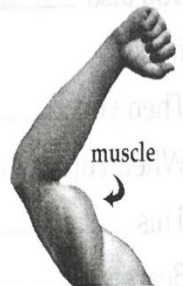
Bears **yawn**. Camels yawn. Most mammals yawn. Why do we yawn? No one really knows the answer.

We do know that everyone yawns in the same way. First you open your mouth slowly. Your mouth stays open for about five seconds. Then you **quickly** close your mouth. fast

We also know that yawning is **contagious**, or catching. When you see someone yawn, you yawn, too. Many people say that they yawn because they are **bored** or tired. This **might** be true. **However**, we know ~~that~~ people also yawn when they are **excited** or nervous. Olympic runners, for example, often yawn before a **race**. Why is that? not interested maybe is but

Some scientists believe that yawning makes you more **alert**. When you yawn, you breathe more **deeply**. You also **stretch** the **muscles** in your face and neck. Maybe this makes you feel more alert.

Scientists don't spend much time studying yawning. **That is** probably because yawning doesn't hurt. It is just something we do.



Graphic Organizer Paragraph 2

YAWNING STEPS

First, we open our mouth slowly.

Second, our mouth stays open for about five seconds.

Then, we quickly close our mouth.

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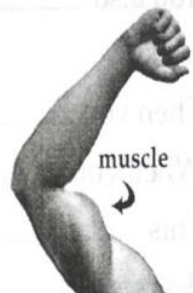
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fast

not interested
maybe is
but



Who yawns?

Bears and camels yawn.

Most mammals yawn.

Why do we yawn?

When we are **tired** and **bored**, we yawn.

When we are **excited** or **nervous**, we yawn.

What happens when we yawn?

Yawning makes us alert.

We stretch the muscles in our face and neck.

When we yawn, we breathe more deeply.

HOMework

- 1. Listen to Unit 1 20 times,**
- 2. Write the text on the right side of your notebook.**
- 3. Make a list of the words that you don't know. And write definition.**
- 4. Make a list of verbs**
- 5. Make a list of your favourite sentences.**
- 6. Record your voice into your cell phone.**

CROSSWORD

UNIT 2 LESSON 1 WHY DO WE YAWN? (1)

ALERT
DEEP
MUSCLES
MIGHT
STRETCH
YAWN
QUICKLY
RACE
EXCITED
HOWEVER
CONTAGIOUS

P	R	A	C	E	M	P	B	Q
E	O	C	A	E	U	F	R	G
Y	G	M	L	X	S	H	Y	S
L	Y	I	E	C	C	O	A	T
K	T	G	R	I	L	W	W	R
C	P	H	T	T	E	E	N	E
I	E	T	W	E	S	V	J	T
U	E	J	V	D	S	E	P	C
Q	D	O	W	S	S	R	L	H

UNIT 2 LESSON 1 WHY DO WE YAWN (2)

G	S	F	V	B	A	E	C
S	D	E	R	O	B	V	O
A	O	V	L	K	A	O	O
M	N	V	N	A	V	B	L
E	N	E	P	O	R	A	J
O	T	R	U	E	S	G	I
B	E	F	O	R	E	O	E
S	L	O	W	L	Y	Y	Q

ABOVE
BEFORE
BORED
COOL
LARGE
OPEN
SAME
SLOWLY
TRUE

ORGANIZER

